

**What is it I wish to create in my life right now?**

*In this moment,*

I have an opportunity to affirm or deny the Truth that  
I am loved, supported, and cherished by God.

*In this moment,*

I have opportunities to show kindness to myself and others.

*In this moment,*

I have opportunities to see the abundance of life  
All around me, or to feel only lack.

*In this moment,*

I have the opportunity to love, or to turn away  
From love, toward fear.

*In this moment,*

I can seek Truth, or embrace lies.

*In this moment,*

I can find incredible joy, or unbelievable sorrow.

When I find even the smallest things to be grateful for in my life,  
I will attract more.

When I find even the smallest ways to be loving,  
I will reap the rewards of love returned ten fold.

When I find even the smallest ways to affirm my abundance,  
I will be given more.

**When I Cherish the Moments of my life,  
I find Peace, Harmony, and indeed even Heaven.**